

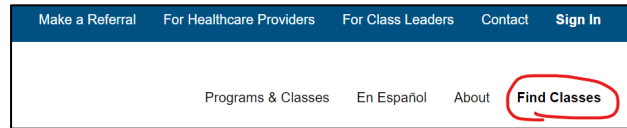
How to Find Your Workshop Link

(Link can be used on flyers or sent to participants to register for your workshop)

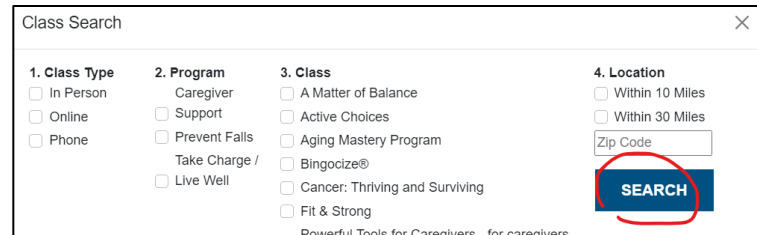
To find your workshop link, you **must** have first registered your workshop in ILPTH. See the ILPTH User Guide for instructions on how to register your workshop.

- Go to the IL Pathways website: www.ilpathwaystohealth.org

- Click “Find Classes”



- Filter search criteria and click “Search”

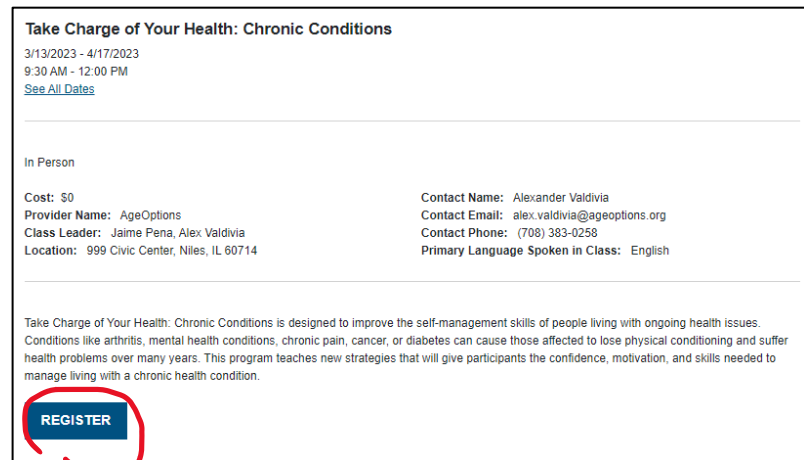


Class Search

1. Class Type	2. Program	3. Class	4. Location
<input type="checkbox"/> In Person	<input type="checkbox"/> Caregiver	<input type="checkbox"/> A Matter of Balance	<input type="checkbox"/> Within 10 Miles
<input type="checkbox"/> Online	<input type="checkbox"/> Support	<input type="checkbox"/> Active Choices	<input type="checkbox"/> Within 30 Miles
<input type="checkbox"/> Phone	<input type="checkbox"/> Prevent Falls	<input type="checkbox"/> Aging Mastery Program	Zip Code
	<input type="checkbox"/> Take Charge /	<input type="checkbox"/> Bingocize®	<input type="button" value="SEARCH"/>
	<input type="checkbox"/> Live Well	<input type="checkbox"/> Cancer: Thriving and Surviving	
		<input type="checkbox"/> Fit & Strong	

- This will bring you to the “Search Results” page.

Scroll down to locate your workshop and click “Register.”



Take Charge of Your Health: Chronic Conditions
3/13/2023 - 4/17/2023
9:30 AM - 12:00 PM
[See All Dates](#)

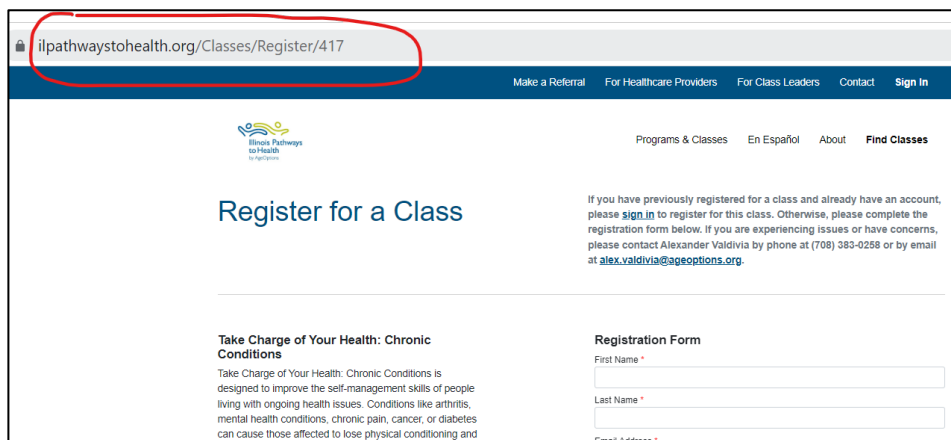
In Person

Cost: \$0
Provider Name: AgeOptions
Class Leader: Jaime Pena, Alex Valdivia
Location: 999 Civic Center, Niles, IL 60714

Contact Name: Alexander Valdivia
Contact Email: alex.valdivia@ageoptions.org
Contact Phone: (708) 383-0258
Primary Language Spoken in Class: English

Take Charge of Your Health: Chronic Conditions is designed to improve the self-management skills of people living with ongoing health issues. Conditions like arthritis, mental health conditions, chronic pain, cancer, or diabetes can cause those affected to lose physical conditioning and suffer health problems over many years. This program teaches new strategies that will give participants the confidence, motivation, and skills needed to manage living with a chronic health condition.

- This will bring you to the “Register for a Class” page. Copy the URL (circled in Red below). This is the direct link that can be used on flyers or sent to participants to register for your workshop.



ilpathwaystohealth.org/Classes/Register/417

Make a Referral For Healthcare Providers For Class Leaders Contact Sign In

Programs & Classes En Español About Find Classes

Register for a Class

If you have previously registered for a class and already have an account, please [sign in](#) to register for this class. Otherwise, please complete the registration form below. If you are experiencing issues or have concerns, please contact Alexander Valdivia by phone at (708) 383-0258 or by email at alex.valdivia@ageoptions.org.

Take Charge of Your Health: Chronic Conditions
Take Charge of Your Health: Chronic Conditions is designed to improve the self-management skills of people living with ongoing health issues. Conditions like arthritis, mental health conditions, chronic pain, cancer, or diabetes can cause those affected to lose physical conditioning and suffer health problems over many years. This program teaches new strategies that will give participants the confidence, motivation, and skills needed to manage living with a chronic health condition.

Registration Form

First Name *

Last Name *

Email Address *

**Upon registering, participants will be added into your workshop on ILPTH. You will need to sign in to ILPTH to view registered participants.*

See the ILPTH User Guide for instructions on how to view participants.