



Stress-Busting Program for Family CaregiversTM of People with Dementia

Eligibility and Screening for Potential Participants

The purpose of screening participants is to:

- determine eligibility
- determine whether a person will commit to completing the program
- identify individuals who may have issues or problems that would not be appropriately addressed in a psychoeducational program in a support group setting.

1. Name _____

2. Phone (H) _____ Phone (Cell) _____ Phone (W) _____

3. Address _____

4. Are you a caregiver for a person with Alzheimer's disease or dementia? Yes No

How many hours/day? _____ How many days/week? _____

5. How are you related to the patient?

Wife Husband Child Other _____

6. After you explain that the person with dementia cannot attend the group, ask:

Do you have plans for someone to stay with your loved one while you participate in the group?

Yes No

Do you need respite care for your loved one? Yes No

7. After the program is explained, ask:

Are you willing to commit to attending 9 sessions to participate in this program? Yes No

If they decline, ask: What would prevent you from participating in this program?

8. Because some caregivers may want to attend the group with other family members, ask:

Do you plan to attend the group with other family members? Yes No

If they indicate yes, screen each family member individually to assess the dynamics among the family members. The best approach may be to have each family member participate in different groups.

9. What do you hope to gain by participating in the program?

Interviewer Assessment

10. Did the person respond to the questions appropriately during the interview? If not, what are your concerns?

11. Is there any reason to believe that he or she may not be productive in a group setting (e.g., severe depression, difficulty communicating, interpersonal conflicts, unresolved issues)? If yes, explain.