

AgeOptions  
Health Promotion Team  
1048 Lake Street #300  
Oak Park, IL 60301

**Re: Referral for Diabetes Self-Management Education**

This letter is to inform you that your patient has enrolled in the Take Charge of Your Diabetes Plus program, nationally known as the Diabetes Self-Management program developed by Stanford University. The program is proudly licensed and sponsored by AgeOptions and carries accreditation from the Association of Diabetes Care & Education Specialist, making it eligible for reimbursement.

The program consists of six weekly group sessions conducted by two trained facilitators. The sessions provide general education on topics such as healthy eating, health coping, problem solving and monitoring. Additionally, each participant will have two individual assessments, including goal planning by our Registered Dietitian.

To facilitate billing for the workshop, **we kindly request that you complete the enclosed Diabetes Self-Management Education/Training Order Form.** Following the completion of the workshop, we will promptly update you on your patient's goals and progress.

Thank you for your cooperation in supporting your patient's participation in this valuable program. If you have any questions or require further information, please do not hesitate to contact me.

Sincerely,

Jaime Peña  
Health Promotion Program Coordinator  
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