

SMRC GUIDANCE

September 2025

➤ New policies:

- Effective immediately: Tool Kit Workshops
- Effective January 1, 2026: Workshop Charts
- Effective January 1, 2026: Master Training Prerequisites

➤ News About Manuals and Books

Tool Kit Workshops

Starting immediately, for those programs that have a tool kit version, you may use the tool kit plus telephone scripts for small groups of 4-6 people, in-person or virtually, with one Leader. *(You asked for it and we listened.)* Every participant must have the full tool kit for the appropriate workshop. You may not offer hybrid workshops where you have participants using different formats; all participants must attend using the same format (all are telephone, all are in-person, or all are virtual).

Once you have notified us that you will be using this format, we will ask you to send us an attendance report for each workshop. We want to know the following: the total number of people who attended the first **or** second session and the number of people attending each of the six sessions. We may also ask for one or two other pieces of information. We will set up a link where you can record these data shortly. You will not have to do this forever, but we do want data on about 50-100 workshops offered this way.

Workshop Chart Handouts

Starting January 1 2026, you may give participants printed copies of the charts if they request these. Your organization is responsible for making copies. Leaders will still need to use the large charts in the in-person workshop. SMRC will have the PDFs of the charts available for you to download and print by the beginning of 2026. *(You asked for it and we listened.)*

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Master Training Prerequisites

Starting January 1 2026, all leaders must have facilitated at least three full six-week in-person and / or virtual workshops (the full 2.5 hours per session) to be eligible to register for Virtual Master Training. Tool kit workshops do not count toward this requirement.

Manuals and Books

- An updated Implementation and Fidelity Manual is coming soon. There are no big changes that you do not already know about. We will let you know when it is ready.
 - By January 2026, we expect to have these new Leader's Manuals:
 - Spanish for Aging Well with HIV
 - Vietnamese for CDSMP and DSMP
 - Chinese (Traditional) for DSMP
 - Expected early in 2027: an updated Living Well with Chronic Conditions book. You will be able to use up the current edition of the book for six months after publication of the new book in 2027. There will also be minor updates to the CDSMP manual at that time.
 - No major changes to any of our other workshops or books for at least the next 18 months.
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We know that for many, these are difficult times. We are here to help. If you have problems, let us problem-solve together.